

Arukah Home for Women:

Helene: I chose Arukah house as a place to continue healing and to have an environment that is faith based as part of my recovery. I have received so many blessings by making the next right choice in my life. Arukah has given me a stronger faith in God and His plan for me. I have rediscovered my leadership skills and a connection with who I am. I have been blessed with generosity and unconditional love beyond my expectations. To be uplifted, by the people who are part of this ministry, on a daily basis, is a gracious gift. My family knows I am safe and taken care of. Arukah has also provided a foundation for me to give back to others and be involved in the community once again. I have seen God's work, first hand, in people's lives, by being a part of Friends of Recovery NE Ohio.

"But seek first His kingdom and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." (Matthew 6:33-34)



(From left to right:) Juliet, Helene, Cynthia

Cynthia: Arukah house has been put in my path by the Grace of God. In being accepted into a family here I find myself being centered in both my faith and recovery. This is by far the path that I am intended to be on for my continued health and wellness. Doing the next right thing and putting my best foot forward in everything I do is not only acknowledged but recognized and praised by the family of Friends of Recovery NE Ohio. My time here has been encompassed by the gift of giving. I am truly blessed to have had this opportunity to grow as an individual as well as in my faith. I now have a real sense of belonging as well as a basis to make my life all that I know it can be. I am honored as well as excited to be able to share and give back on a daily basis for the things that have been so generously shown and provided to me. These gifts have helped and continue to help me mold myself into a person that I can not only be proud of but someone that other people can be proud of and rely on. For this I am forever grateful as well as indebted to Friends of Recovery NE Ohio. Life is finally a gift that keeps on giving to me!

Juliet: Arukah has changed my life! A year ago, I never expected to be where I am today. I have become a person I never saw coming. Today, I have a safe home with a loving support system I consider family. I came to Arukah house almost two weeks ago. I came here to find a safe place to stay while getting myself together due to the fact I am newly sober. Arukah is the perfect environment, allowing me to have all the necessities of a home while figuring out who I am and what I want to do next. I want to thank Friends of Recovery NE Ohio for this amazing opportunity. I can't wait to see what comes next.

Tikvah Home for Men:

dames: The Tikvah house has been a true blessing for me. It has given me an opportunity and safe place to learn how to live and manage my life. The Tikvah house has allowed me to take time to grow in my recovery. Ihave developed new relationships and regained some of my old relationships with friends and family. The men and women of the ministry have supported me and helped me along the way to make positive decisions and better my life. Through the men's support group, I have learned a lot about growing as a man and I understand I am not the only one walking this path. The men in the group have been a great inspiration in my life. I would like to thank all the people who donate to this ministry. You are also a big part of this ministry. Your love and compassion has changed my life. I am here today because of God's grace and guidance.

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." (James 1:17)

Alex: Having only been in Tikvah house for the past six months, I can say that my life has had many changes for the better. Having the opportunity to come into this house and be a part of it and this ministry is nothing short of a blessing. Being surrounded by the men and women of this ministry is amazing! I have so much support and help for everything that I'm facing or going through. There are numerous people I can turn to for advice. I feel that I have grown so much individually and spiritually. Everything and everyone that I have in my life today are a blessing from God and I truly believe that!

Jarod: These are a few of the gifts I have received since moving into Tikvah. I have gotten my family back and their trust as well. I have been able to keep and hold a stable job. I have been able to build a great sober support system. I have been able to pay off thousands of dollars in court fines and driver reinstatement fees. I hope to have driving privileges before Christmas. I have gotten a sponsor and am thoroughly & honestly working the 12-steps. Most importantly, since moving into Tikvah, I have been able to find who I am again.

Dominic: In the short time that I have been staying at Tikvah recovery home for men, I have been blessed with new opportunities that I couldn't even begin to put a price on. I have landed a job in the aviation industry with high hopes to move up in the company. I have a relationship with my family today. I am also learning that I can live up to all my dreams and aspirations with God by my side, where I know the sky is the limit. Today, I'm able to be that better father, son, brother, friend, employee and productive member of society that I have always wanted to be. None of this would have been possible without my higher power and doing the next right thing.



(back row:) James, Dominic (front row:) Jarod, Alex





Triends of Recovery - Northeast Ohio

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