

Welcome to our Quarterly Connection Spring Edition

We hope this Connection finds each of you healthy and excited for Spring. This time of year new growth and beautiful colors are happening all around us. In this Connection we want to share some of the growth in and around Friends of Recovery NE Ohio. Have Hope and Share Hope!

ARUKAH HOME FOR WOMEN

Arukah is the Hebrew word for **Healing and Restoration**. We are excited to announce that Arukah has reached full capacity this Winter and the applications continue to come in. Would you please join our team in prayer as we seek God's leading for a second women's home? Also, please lift up the Arukah ladies as they learn to live life without drugs and alcohol.



Tina (our newest family member), Helene (House Manager), Cindy and Juliet



Welcome new resident - Tina

LIFE RECOVERY SUPPORT GROUPS

Are you or someone you know struggling with any of life's issues?

Friends of Recovery NE Ohio has a meeting for you. Every Tuesday - Free dinner at 6:00pm and meeting from 7:00-8:30m.

SisterHood

Any women over 18 years old. All ladies will experience love, hope, forgiveness and peace.

"Share each other's burdens and in this way obey the law of Christ." (Galatians 6:2)

Meeting takes place at Arukah Home for Women

Contact: Sue (440) 669-9599



TIKVAH HOME FOR MEN

Tikvah is the Hebrew word for **Hope**. God continues to change lives in and around our men's home. We are excited to share that Tikvah is also operating at capacity and the applications continue to come in. We are asking you to join our team as we pray for a second men's recovery home.

Also, please lift up the Tikvah men as they learn to live life without drugs and alcohol. Alex will be transitioning into his own apartment this Spring. Dominic recently obtained his driver's license, was blessed with a car donation and also gave his first "Lead" at Alcoholics Anonymous.



Alex (House Manager), Dominic and our newest family members Brandon and Mike.



Dominic first "Lead" at Alcoholics Anonymous



Welcome new residents - Brandon and Mike

JOURNEYMEN

Any man over 18 years old struggling with pornography, substances, food or anything else.

"Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour." (1Peter 5:8)

Meeting takes place at Tikvah Home for Men

Contact: Gary (440) 669-5099



SHALOM HOME FOR WOMEN WITH CHILDREN

Shalom is the Hebrew word for **Peace and Wholeness**. The volunteer hours continue to pour into Shalom. After spending over six months raising the house and repairing the foundation, we are happy to announce progress being made on the interior. We anticipate the plumbing, electrical and HVAC work should be completed by Spring. There are plenty of opportunities for you or your organization to get involved. Please give us a call.



WELCOME NEW TEAM MEMBERS

God continues to grow our team and we are excited to introduce our newest staff members. Would you please join us lifting Helene and Gary up in prayer asking God to use them as He changes lives in and around Friends of Recovery NE Ohio?



Helene

Helene joined our team in December 2021 as the Women's Housing Coordinator. She oversees the operations of our women's recovery homes. Through her own recovery from alcoholism, she is excited to share "one day at a time" with women struggling to live life without drugs or alcohol. She has many years of experience working in the mental health system, criminal/juvenile justice system, and residential treatment facilities. She has a humble heart for God's plan for her and is excited to use her past experiences to benefit other women. Helene believes that when she released her grip on people, places, and things she could not control, it allowed God to work in her life and remove the desire to drink. She firmly believes no one can be on this recovery journey without support from others and God's amazing grace. Welcome aboard!

Gary joined our team in February 2022 as the Men's Housing Coordinator. He oversees the operations of our men's recovery homes. Gary and his wife Chris moved from Washington to Lake County and found their way to Willoughby Bible Church. There, Gary became an elder and Chris became the church Treasurer. Gary brings a passion for youth ministry, playing/singing worship music as well as a servant's heart. He is one (of three) of the original founding members of our JourneyMen Life Recovery Support Meeting almost six years ago. Gary loves the Lord and shares the "Good News" wherever he goes. Welcome aboard!



Gary


What is Friends of Recovery Northeast Ohio? Our Mission is to provide Christ-centered recovery homes offering hope, healing and restoration for individuals recovering from addictive substances. These homes provide a safe, affordable, drug and alcohol-free residential environment for both women and men that have chosen recovery. The women and men learn respect, accountability/responsibility and healthy relationship building as they grow in their recovery. We teach the life skills necessary to blossom into a functional and productive member of society where everyone is giving back or paying it forward in their community. Friends of Recovery Northeast Ohio is a loving community where people help people grow in their recovery.



Have Hope and Share Hope!

It's more fun to "Give While You Live" than after you pass.

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 Friends of Recovery – Northeast Ohio